

RSE LESSONS

Dear Parents,

Over the next few weeks, your child(ren) will participate in several Relationship and Sex Education (RSE) lessons. These lessons will cover many of the Science objectives and will equip children with age-appropriate knowledge regarding their bodies, their emotions, and their relationships with others. RSE lessons are important as they give children the opportunity to ask questions and have discussions. As a school, we follow the Christopher Winter Project scheme to ensure we are delivering well-pitched, accurate information in a fun and informative way; there are many schools nationwide that follow the same scheme. All staff are thoroughly trained to the appropriate level to deliver this content sensitively and appropriately.

The following objectives explain the main theme of the series of lessons that your child(ren) will receive in line with this scheme.

Reception – Understanding the importance of hygiene and that all families are different.

Year 1 - Understanding how we grow and care for ourselves.

Year 2 – Understanding that males and females are different.

Year 3 - Understanding how to value differences and how to keep safe.

Year 4 – Understanding the human lifecycle and the effects of puberty.

Year 5 – Understanding the human lifecycle and the effects of puberty.

Year 6 – Understanding puberty, relationships and reproduction.

We ensure children are allowed to discuss these lessons in a safe and secure environment within the classroom, but we do ask that the older children of the school do not discuss the content with the younger children. We will ensure that all children feel confident to talk to their peers, adults in school and any adults or older siblings at home about any of the information they have heard or any questions they may have.

If you have any questions or concerns about these lessons, please feel free to contact me to discuss the content.

Kind Regards,

Miss Underwood

PSHE Subject Leader

We are a Rights Respecting School with No Outsiders
Article 28: Every child has the right to an education

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